

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW! SIGN-UP NOW!](#) Click to become a Member for Free!



### Being Here

Wednesday at 9 AM Pacific

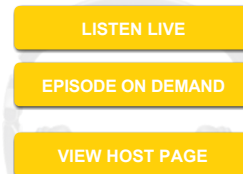
January 12th 2011: Are You Living Your Life or Are You Complaining About It?

By becoming aware of the undercurrent of complaint that surrounds you, you can gain control over your life rather than complain about it. In this timely episode Ariel and Shya will investigate what it takes to stop complaining and start living.



### Tune in

Wednesday at 9 AM Pacific Time on  
VoiceAmerica Empowerment  
Channel



Questions? Comments?  
Call In Live!  
Toll Free: 1-888-346-9141  
Intl: 001-480-553-5760

### Share This Episode



### Connect with VoiceAmerica

Download our mobile apps



Come See what the  
VoiceAmerica  
hosts are writing  
on PRESSPASS