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REAL RECOGNITION RADIO

with Roy Saunderson & S. Max Brown every Tuesday at 1:00 et.



The show that is all about building relationships, inspiring greatness and creating a workplace where people can thrive.

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Real Recognition Radio

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January 25th 2011: **The Gifts of Imperfection: Living Wholeheartedly**

Montreal and New York City, January 20, 2011 – Can vulnerability make us better at work? When we live wholeheartedly it opens us up to vulnerability. On the next episode of Real Recognition Radio Brené Brown, Ph.D., LMSW, author and research professor at the University of Houston Graduate College of Social Work, will give our listeners the requirements for wholehearted living and explain why these requirements are referred to as gifts of imperfection. Dr. Brown's ground-breaking work has been featured on PBS, NPR, and CNN. Don't miss the next Real Recognition Radio program to learn wh

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Featured Guest



Brené Brown

Brené Brown, Ph.D., LMSW is a research professor at the University of Houston Graduate College of Social Work. She has spent the past ten years studying vulnerability, courage, authenticity, and shame. Brené spent the first five years of her decade-long study focusing on shame and empathy, and is now using that work to explore a concept that she calls Wholeheartedness. Brené is a nationally renowned speaker and has won numerous teaching awards, including the College's Outstanding Faculty Award. Her groundbreaking work has been featured on PBS, NPR, CNN, and was the topic of two 2010 TEDx talks. Brené is the author of *The Gifts of Imperfection: Letting Go of Who We Think We Should Be a*

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