



**Sex with Jaiya**  
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**February 11th 2011: Sex After Having a Baby**

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Many of you know I'm a new mom and I'm determined to shed some light on the secrecy surrounding what happens to couples after the birth of a baby. If you are a new mom or a couple with a young child be sure to listen in and call in with your questions. My guest is Ellen Heed. She's a somatic sexologist and she helped me save my sex life after I had painful and devastating sexual experiences with my partner D. Love. I'll share my story, plus some of the solutions that Ellen and I discovered when working with postpartum women over the last year and half. This is going to be a very valuable

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**Ellen Heed**

Ellen Heed initiated the Women's Sacred Anatomy Project, with the intention of starting a fresh sexual revolution for the 21st Century. The Project was created to focus on the primacy of female sexual experience by teaching detailed female sexual anatomy exclusively to women.

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**Kristen Chase**

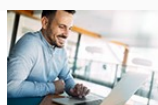
Kristen Chase worked as a musician, college professor, and textbook author before becoming a mother, blogger, and sex columnist for Imperfectparent.com.

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