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February 19th 2011: Dena Patton The Boundaries Coach and Chat, Chew and Chocolate

Dena coaches Superwomen who are changing the world. She helps transform crazy-busy, "spinning" women into well-balanced, focused, happy women. Dena's clients are mostly women, celebrities or female entrepreneurs who want to continue living a full life with plenty of success, but who are looking to do it with balance and love. If you want your happy back or your balance back then today can be the day that you can stop the spinning while she helps you become the person, leader, parent and woman you've always wanted to be. Dena will share with us her TOP TEN tips to make that happen so stay

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