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Transforming Health Archives Available

March 2nd 2011: Your Metabolism, Synthetic Chemicals and Better Health

It is a fact that we are all biochemically unique. Yes, just as each and everyone of us has a unique finger print, so do we have unique cell prints—which generally can tell us which types of foods we individually thrive on as well as which foods are a detriment to our systems. This is called Metabolic Typing and today's guest has spent over 24 years perfecting this approach to better health. Not only will we be discussing the benefits of metabolic typing, we will also be discussing the importance of cellular detoxification. Say what? LOL... With the ever increasing levels of commercial pesticide

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Featured Guest



Dr. Curtis Kuhn

After receiving his B.S. degree in Psychology in 1982, Dr. Curtis Kuhn went on to receive his M.S. degree in Metabolic Science in 1986, followed by his Ph.D. in Metabolic Science and Psychology in 2008. Not only has Dr. Kuhn experienced 25 years of counseling, he was also awarded with the "I Believe I Can Achieve" award from the Governor of Kansas. A well rounded guest, he served in the US Marine Corps for three years, was a local Star Search winner and was also awarded with the "Outstanding Young Men of America" award back in 1984. For more on Dr. Kuhn, please visit: www.TheMetabolicInstitute.com

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