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On The Radio with Dr. Robert Rey Archives Available March 17th 2011: Health and Fitness according to Jennifer Flavin and Hayley Rey

This interview talks to the globe-trotting Dr. Rey about his new TV show, new book and how he keeps his marriage strong and healthy even as a reality TV celebrity. Hayley Rey, his wife, joins the interview to talk parenting and Dr. Rey snags an interview with Sylvester Stallone's wife, Jennifer Flavin, about how she stays fit and healthy. Plus Dr. Rey delivers the cutting edge diet, exercise and cosmetic procedure tips to get beach body ready!

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