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HEALTH & WELLNESS



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April 27th 2011: Staying Healthy in a Challenging World!

You name it; we are going to talk about it this week! Today's show will cover everything from food allergies (did you know that over 55% of North Americans test positive to allergies?) and heavy metal toxicity to bio-identical hormones and homeopathy. I will be discussing this and so much more with Beverly Hills MD, Cathie-Ann Lippman who has been practicing environmental and preventive medicine for almost 30 years and who was a medical resource for Suzanne Somers last bestselling book Ageless. This interview is going to be jam packed with information on how you can stay healthy in a challen

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Featured Guest



Dr. Cathie Lippman

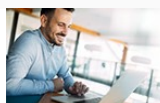
Dr. Cathie Lippman has practiced Environmental and Preventive Medicine in Beverly Hills for 20 years. Environmental Medicine regards illness as possibly being a result of sensitivities to foods or chemicals or some other aspect of the environment.

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