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Family Caregivers Unite!

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May 10th 2011: Recreation Therapy and Family Caregivers

Amy MacFarlane is Founder and CEO of Recreational Respite Inc., www.recrespite.com, which provides creative living and innovative care services. She explains recreation therapy and talks about the challenges that it helps with. She describes the special needs and health conditions for which she recommends recreation therapy. She explains why and how recreation therapy helps persons and their family caregivers meet the challenges that these conditions create. She describes some real-life examples. She talks about organizing recreation therapy for persons living at home alone, with their families

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Featured Guest



Amy MacFarlane

Amy MacFarlane is Founder and CEO of Recreational Respite Inc., <http://recrespite.com>, which provides for creative living and innovative care. It assists individuals with special needs arising from cognitive impairment, physical challenges or developmental disabilities by recognizing, engaging and strengthening their residual abilities and interests and integrating them successfully into their communities, and by providing them with the services of multi-skilled teams. She took on the dedication and commitment to creating Recreational Respite after she recognized the need in the community for supportive and inclusive environments for people with mental a

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