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HEALTH & WELLNESS



Transforming Health
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June 8th 2011: Obtaining Endless Energy!

Energy. Everybody wants more energy. Just look at the line ups at your local Starbucks or check out the cold beverage display at 7-11 where energy drinks have taken over. But what if you could produce endless energy without the aid of caffeinated beverages? You can and my guest this week is going to discuss her everyday tips and tools that will change your energy levels and thereby your life. If you want to have endless energy consistently, tune in this week to find out what you can do starting today to make this a reality.

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Featured Guest

Guest Image

Debra Greene

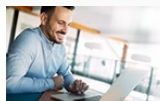
Debra Greene began her energy exploration at the age of 24 when she traveled alone to Egypt, India, China, Colombia, and elsewhere in search of life's unseen mysteries. She studied Tai Chi with Master Liang, an 84 year old Chinese Master who could propel someone twice his size across the room without even touching them.

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