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### Sex with Jaiya Archives Available

July 22nd 2011: **Herbal Aphrodisiacs To Spice Up Your Sex Life**

Are you ready to become an erotic alchemist? Did you love the movie CHOCOLATE? Well, my expert guest Brigitte Mars, author of the Sexual Herbal, is going to share her expert advice on how to spice up your kitchen and your love life! We're going to give you the knowledge about what herbs to use to get your libido cooking. D.Love better watch out, with this information i might be spiking his soup!

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### Featured Guest

Guest Image

#### Brigitte Mars

Brigitte Mars is an herbalist and nutritional consultant with over forty years experience. She is the author of Beauty by Nature, Rawsome!, The Sexual Herbal, Addiction Free Naturally, Healing Herbal Teas, The Desktop Guide to Herbal Medicine, and co-author of The Country Almanac of Home Remedies, and The Hemp Nut Health and Cookbook. Brigitte has had a radio show on KGNU called Naturally for over twenty years. She is a professional member of The American Herbalist Guild. Ms. Mars teaches at Naropa University, Boulder College of Massage, Omega Institute, Kripalu, and Bauman College of Holistic Nutrition and Culinary Arts. Brigitte is a blogger for The Huffington Post and Care2.

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