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July 25th 2011: I Am Home, a Journey of Recovery through Music

Recovery is a process and often thought about in terms of a journey. Our guest today has chronicled his recovery in his music. Music is a large part of our lives. It defines points in time and it triggers our emotions and memories. In recovery, music can be used as therapy, as acknowledgement of milestones or just to feel happy and alive. Please join us in our discussion of music, recovery and one person's musical journey.

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Featured Guest



John McAndrew

John McAndrew is a singer/songwriter and piano player from St. Paul, MN who lives in Nashville, TN. Recent appearances include: The 50th Anniversary of NATO; The Elizabeth Taylor Whitman-Walker Fund-raiser; The Betty Ford 25th Anniversary Alumni Banquet; The National Town Hall Meeting with Colin Powell; The Summit (TASA) Nashville, TN; The Utah School of Alcohol and Addictions, Salt Lake City, UT; and US Journal of Science Conference, Las Vegas, NV. John performed his composition, "Like We Were Made of Gold" at the closing ceremonies of the 2000 International AA Convention at the Metrodome in Minneapolis, MN. While touring, John speaks and performs for recovery audiences across

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