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HEALTH & WELLNESS



The Dr. Melanie Show
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April 14th 2011: Is What You are Eating Affecting your Bladder Symptoms?

People who have Interstitial Cystitis or Chronic Prostatitis may not be aware how food can affect their pain symptoms. Listen to Dr. Barbara Shorter, a researcher who has studied the effects of foods on bladder pain flares.

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Featured Guest



Barbara Shorter

Barbara Shorter received her Doctorate from Columbia University. She is an Associate Professor of Nutrition at Long Island University, Director of the Didactic Program in Dietetics and a Registered Dietitian.

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