

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!

HEALTH & WELLNESS



Transforming Health Archives Available

**August 10th 2011: Special Encore Presentation:
Losing Fat 4 Life! No dieting or calorie counting
allowed!**

Have you been bamboozled by the billion dollar weight loss industry? If so, you are far from alone! What if everything you have ever heard or read about losing weight was wrong? What if dieting is actually making you gain even more fat? You should not even think about starting yet another diet before hearing what Brad King has to say about why diets don't work long term. Diets cause destruction to your fat burning engine—your metabolism—making it harder and harder to lose weight with each passing year. You will never need to go on yet another diet ever again and will be given

[Read more](#)



Tune in

Archives Available on
VoiceAmerica Health and
Wellness Channel

EPISODE ON DEMAND

VIEW HOST PAGE

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

VOICEAMERICA BLOG