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Family Caregivers Unite!

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October 25th 2011: Living a Meaningful Family Caregiver Life

Dr Kenneth Herman is a Board Certified Clinical Psychologist and Fellow in the American Academy of Clinical Psychologists. He is also the author of the self-help book "Secrets from the Sofa: A Psychologist's Guide to Achieving Personal Peace." Dr Herman was the Director of The Psychological Service in Teaneck, New Jersey for many years. He has also taught on the university level, consulted in industry, conducted research, and lectured extensively in the field of Mental Health. He has appeared on numerous radio and television programs. He currently promotes his book, which has been the recipient

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Kenneth Herman

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