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### The Dr. Melanie Show Archives Available November 10th 2011:Healing Painful Sex

It is estimated one in every five or six women have sexual pain. It is hard to talk about even with a physician. Many women do not tell anyone. Gynecologists are often not experienced in treating sexual pain and are often uncomfortable talking about it. Sexual pain is real and is almost always caused by an identifiable, verifiable medical condition, and in the vast majority it can be treated effectively. Listen to learn how and read these women's newly published book *Healing Painful Sex: A Woman's Guide to Confronting, Diagnosing, and Treating Sexual Pain* that will answer your questions.

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### Featured Guests



#### Deborah Coady

Deborah Coady, MD, is a Board Certified OB/GYN in private practice at SOHO OB/GYN in NYC. She received her MD from Mount Sinai School of Medicine, her residency training at NYU-Bellevue Medical Center, and is a Clinical Assistant Professor at NYU-Langone Medical Center. Early in her practice, Dr. Coady became concerned by a disturbing problem: the medical community's utter lack of interest and understanding of vulvar pain disorders. Undaunted, she educated herself and in the process became a recognized specialist in sexual pain. Her professional goal is to help expand care for all women suffering from chronic pelvic pain syndromes.

[Read more](#)



#### Nancy Fish

Nancy Fish is a psychotherapist with an MSW and MPH from Columbia University who has a private practice in Bergen County, New Jersey. A significant portion of Nancy's clients are women suffering from sexual pain. She also works part time in Dr. Coady's office. Nancy has always specialized in chronic illness but became a patient of Dr. Coady's in 2006. Having similar professional styles and seeing a lack of good medical and psychological care for women with sexual pain, Nancy felt it was their mission to write this book.

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