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November 30th 2011: Fight Common Conditions with Food!

Do you suffer from Migraines, Irritable Bowel Syndrome, Fibromyalgia, Chronic Fatigue, Multiple Sclerosis and/or Skin Conditions? If yes, then you do not want to miss this week's show. I will be discussing how to conquer these conditions with a drug-free option so that you can regain your health and feel great again. Naturopathic Doctor Elizabeth Yarnell joins me for what I expect to be a great eye opening interview!

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Featured Guest



Elizabeth Yarnell

Elizabeth Yarnell, ND, has a mission to improve lives simply by changing the way we eat. Award-winning author, patented inventor, social entrepreneur, and prolific natural health and nutritional expert

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