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EMPOWERMENT



Paper Hope Street Team
Monday at 12 Noon Pacific
December 26th 2011:Balance - What That Means For Teens

Tune in

Monday at 12 Noon Pacific Time on
VoiceAmerica Kids Channel

We know that a lot of you feel the same – stressed and don't know what to do or how to deal with all that you have to do. Rio and Yvonne share their personal stories on what is causing them stress and how they try to find balance. The have guest Tamra Wade, Rio's mom and founder of Paper Hope on the show to help talk about the more difficult issues teens face when finding their balance. The team offers advise for teens and moms on what you can do to de-stress and find more balance. We have exciting Daily Details from Rio and Yvonne that you won't want to miss and a few not so random questio

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