



Family Caregivers Unite! Archives Available

January 10th 2012: Helping family caregivers when there's mental illness in the family

Ella Amir is Executive Director of AMI-Québec. Jean Claude Benitah is Vice-President, Board member, Chairman of the Political Action Committee, and Member of the Strategic Planning Committee of AMI-Québec. They talk about their involvement with family caregivers and family caregiving in families with a member with mental illness. They explain AMI-Québec's history, mission and services. They describe the help that family caregivers seek, and the challenges that mental illnesses create for family caregivers, and the need for family caregiver support after a family member is discharged from hospital.

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Featured Guests



Ella Amir

Ella Amir has been Executive Director of AMI-Québec Action on Mental Illness since 1990. Under her leadership the organization became one of the principal resources in Québec for families struggling to cope with mental illness. Since 2007

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Jean Claude Benitah

Jean Claude Benitah's current appointments at AMI-Quebec include Vice-President and board member, Chairman of the Political Action Committee, and Member of the Strategic Planning Committee.

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