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Real Recognition Radio Archives Available January 24th 2012: What Makes Your Brain Happy and Why You Should Do the Opposite

Why do we sabotage ourselves? Why do we do what is NOT in our best interest? On the next Real Recognition Radio program, Roy Saunderson and S. Max Brown will be speaking with David DiSalvo, the author of What Makes Your Brain Happy and Why You Should Do the Opposite. David has served as a consulting research analyst and communications specialist for the U.S. Environmental Protection Agency and several other public and private organizations in the U.S. and abroad, spanning from Boston to Beijing. His work appears in Psychology Today, The Wall Street Journal, and Forbes. David has appeared

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Featured Guest



David DiSalvo

David DiSalvo is the author of What Makes Your Brain Happy and Why You Should Do the Opposite.

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