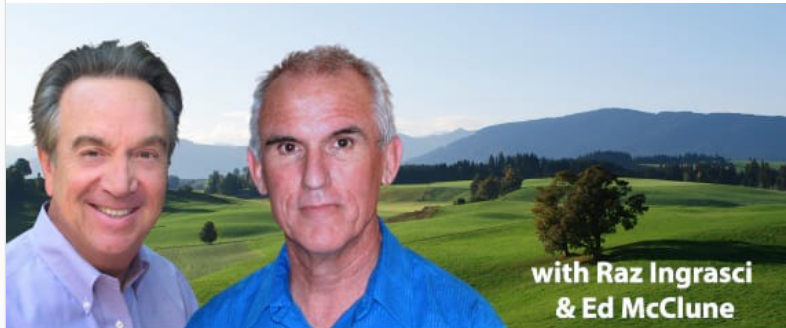


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## THE **hoffman** connection

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**February 21st 2012: Take Back Your Power**

Special guest Dr. Joan Borysenko joins Raz and Ed this week on "The Hoffman Connection" to talk about Taking Back Your Power. She'll discuss her new book "Fried," which is all about the symptoms of burnout, a common affliction in today's world. She'll also discuss how to recognize burnout symptoms and advise on how to recover from them. Dr. Borysenko will be giving out her book "Fried" on the show, which will guide you step-by-step on how to Take Back Your Power and stop the burnout cycle.

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### Featured Guest



#### Joan Borysenko

Joan Borysenko, Ph.D. is a Harvard Medical School trained cancer cell biologist, as well a licensed psychologist and New York Times bestselling author.

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