

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



EMPOWERMENT

VOICEAMERICA



BEING HERE

with
**Ariel and
Shya Kane**



Being Here

Wednesday at 9 AM Pacific

March 28th 2012: Follow the Instructions and Take What You Get

Ever resist being told what to do? Ever procrastinate? Do you have to do things your way and find that it gets you in trouble at work or with those you love? In this episode Ariel and Shya will show you how to respond to the requests life puts upon you so that you no longer have to feel "put upon!" Join them and discover just how easy life can become.



Tune in

Wednesday at 9 AM Pacific Time on
VoiceAmerica Empowerment
Channel

[LISTEN LIVE](#)

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

Questions? Comments?
Call In Live!

Toll Free: 1-888-346-9141

Intl: 001-480-553-5760

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



PressPass
ALL ACCESS. ALL THE TIME.

Come See what the
VoiceAmerica
hosts are writing
on PRESSPASS