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Transforming Health Archives Available March 21st 2012: Reversing Diabetes

Diabetes is affecting this country in epidemic proportions. If you're one of the 24 million Americans living with diabetes, it is important that you get this condition under control, for it is a leading cause of blindness, kidney failure, heart attack, and amputation. Physicians are quick to prescribe drugs for diabetes which actually increase the risk of heart attack. Join me this week as I discuss Reversing Diabetes with Dr. Julian Whitaker how to reduce the risk and severity of complications through diet, exercise, nutritional supplementation and innovative therapies that are overlo

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Featured Guest



Julian Whitaker

Dr. Whitaker is Director of the Whitaker Wellness Institute and Editor of Health and Healing newsletter that provides important health advice for more than 500,000 people nationwide. Dr. Whitaker graduated from Dartmouth College in 1966 and received his MD in 1970 from Emory University Medical School. He completed his surgical internship at Grady Memorial Hospital in 1971, and continued at the University of California in San Francisco in orthopedic surgery. In 1974, Dr. Whitaker founded the California Orthomolecular Medical Society, along with four other physicians and the Nobel prize-winning scientist Dr. Linus Pauling. Dr. Whitaker is the author of several books including the best-selling

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