



Family Caregivers Unite!
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April 3rd 2012: Powerhouse Project--Young Carers Initiative

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Angela Arsenio is the Manager of the Powerhouse Project. Brianna Kane is 18 years old and Big Sister to a 12 year old girl with floating harbor syndrome, a rare genetic disease. They each talk about their experience as young caregivers in their own families and how they became involved in caregiving outside their families. Angela describes the Powerhouse Project and Brianna says how she became involved. They discuss the things that young caregivers do, the challenges they face, and the health challenges of the persons they are caring for. The describe how the Powerhouse project and the young c

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Featured Guests



Angela Arsenio

Angela Arsenio has a BA Honours in Sociology, with a minor in Women's Studies and Criminology. Her undergraduate thesis was inspired by her own experiences as a young carer and was titled 'Mothering Through the Pain: Experiences of Mothers with Chronic Illness'.

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Brianna Kane

Brianna Kane, is eighteen years old and attends St. Michael High School in Niagara Falls. She has two older brothers. One is training to become a doctor. The younger brother has Down syndrome and works for her mother at home.

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