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### Transforming Health

#### Archives Available

**May 02nd 2012: How does our environment affect our ability to communicate?**

This week I have invited Dr. Georgianna Donadio the author of Changing Behavior: Immediately Transform Your Relationships with Easy-to-Learn, Proven Communication Skills back to discuss how our environment, the way we view the world we live in, our beliefs and values, and so forth all play a role in how we learn to behave towards ourselves and others and how these factors also influence how we learn to communicate

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### Featured Guest



#### Georgianna Donadio

Dr. Georgianna Donadio is the author of the new book, Changing Behavior: Immediately Transform Your Relationships with Easy-to-Learn, Proven Communication Skills. She is one of only six American Florence Nightingale Scholars and has been an Award-winning Nurse Advocate and Integrative Health Practitioner for over 30 years. Dr. Donadio is a pioneer in relationship-centered care, Whole Health Education with Behavioral Engagement, the first known patient education and health behavior change model developed, tested and utilized in a clinical setting and is the Program Director for the National Institute of Whole Health in Boston. For more information, please visit:

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