



### The Kathryn Zox Show Wednesday at 7 AM Pacific

**May 02nd 2012: Finding Your Juicy Joy and One Hundred Names for Love - A Memoir**

Kathryn interviews bestselling author Lisa McCourt, author of "Juicy Joy: 7 Simple Steps to Your Glorious Gutsy Self". "Filled with simple exercises and packed with examples of how her approach to self-love can have a positive effect on many personal situations, Juicy Joy makes big promises: developing a compass for self love and learning how to follow it". McCourt has written 33 award-winning children's books and has appeared on CNN's Showbiz Today. Kathryn also interviews New York Times bestselling author Diane Ackerman, author of "One Hundred Names for Love - A Memoir". "When Diane Ackerman

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### Featured Guests

Guest Image

#### Lisa McCourt

"Since Lisa McCourt's bestselling books about unconditional love sold over five and a half million copies, were translated into 11 languages, and received multiple publishing industry awards and starred reviews . . . she thought she was a real smarty-pants on the subject of love. Then a lightning bolt of divine insight struck her and she realized, at last, that there's one rare flavor of love that transforms everything and without it, no other flavor can exist. Self-love: it's not just a cliché anymore! Once Lisa witnessed the miracles that are possible through true self-love, she made it her mission to perfect the art and science of achieving radical authenticity and outrageous self-adorati

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Guest Image

#### Diane Ackerman

"Ms. Ackerman has received a D. Lit. from Kenyon College, Guggenheim Fellowship, Orion Book Award, John Burroughs Nature Award, and the Lavan Poetry Prize, as well as being honored as a Literary Lion by the New York Public Library. She also has the rare distinction of having a molecule named after her --dianeackerone. She has taught at a number of universities, including Columbia and Cornell. Her essays about nature and human nature have been appearing for decades in The New York Times, Smithsonian, Parade, The New Yorker, National Geographic and many other journals. She hosted a five-hour PBS television series inspired by A Natural History of the Senses."

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