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Express Yourself!
Sunday at 3 PM Pacific
May 29th 2012: Olympic Cool Runnings

What is it like to be in the Olympics and have a Disney blockbuster movie about your Olympic exploits? Steven Zhou and Youngjoo Ahn interview Devon Harris, Captain of the legendary Jamaican Bobsled Team that captured the hearts of the world at the 1988 Calgary Olympics. Cool Runnings was based on the amazing story. At the heart of Devon's message are the lessons of the power of persistence over obstacles in order to live one's best life. His mission is to bring this message of how everyone can keep on pushing and working for their dreams every day of their lives. The Keep On Pushing Foundation

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