



straight UP

with **CHRIS**

REAL TALK ON **BUSINESS & PARENTHOOD**



WITH CHRIS EFSIOU

Straight-Up with Chris: Real Talk on Business and Parenthood Archives Available

June 07th 2012: Discipline 101: A Guide to Self-Control for Parents and Children

Do you want to raise a responsible child and a healthy family while avoiding some of the common pitfalls in the process? Do you over-praise? Do you appropriately manage your child's self-esteem? Do you encourage risk-taking balanced with developmental readiness? Whatever your answers might be, what is required to arrive at the desired endpoint by parents and children alike is Emotional Restraint. Barbara Strom Thompson is a Child Development Specialist with over three decades of experience in the fields of child advocacy and family life, and she will be my guest on this show. We will di

[Read more](#)

[SHARE](#) [DOWNLOAD PDF](#) [GET CODE](#)

Tune in

Archives Available on VoiceAmerica Variety Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

Featured Guest



Barbara Strom Thompson

Barbara Strom Thompson is a Child Development Specialist with over three decades of experience in the fields of child advocacy and family life. Her experience ranges from administering day care licensing programs and supervising a state licensing program to consulting on employer-supported child care programs and teaching at the university level. She holds a MA in Early Childhood Education from the University of Cincinnati and a MA in Liberal Studies from Georgetown University, where her research examined the influence of societal violence on play in early childhood. Since 1990, Thompson has worked in private practice in the Washington, DC area, focusing on parent education, program eva

[Read more](#)

Share This Episode

[Share On Facebook](#) [Share On Twitter](#) [Share On LinkedIn](#)

Connect with VoiceAmerica

Download our mobile apps

[Available on the App Store](#) [Get it on Google play](#) [Download for Kindle](#) [f](#) [t](#) [in](#) [RSS](#)

PressPass
ALL ACCESS. ALL THE TIME.
Come See what the VoiceAmerica hosts are writing on PRESSPASS