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July 09th 2012: Energy and Body Memory Recall with Jonathan Tripodi

To live radiantly, your body must be healthy with the energies flowing in balanced harmony. A vibrantly healthy body does not have old injuries, emotions, and fears stored as cellular memory in the body. A body can accumulate years, even a lifetime of stressful memories – a phenomenon known as body memory. Body memory, responsible for stress, tension, and restriction within the body's tissues, is the unconscious hold on the past, and invisible source of pain, fatigue, anxiety, depression, and repetitive life experiences. Body Memory Recall, BMR, is a form of hands-on healing and therapeutic d

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Featured Guest



Jonathan Tripodi

Jonathan Tripodi, BS in Physical Therapy, BA in Movement & Sports Science, and ordained minister, is the founder of Body Memory REcall (BMR). For > 20 years, Jonathan has explored body memory and its relationship to chronic pain, stress, illness and behavior. BMR has supported thousands to release accumulated stress, fear/pain from past experiences, and actualize renewed states of health, vitality, inner peace and joy. BMR supports emergence from survival mode and surrender to self healing intelligence. Jonathan, author of Freedom from Body Memory, devotes his time and energy entirely to his healing ministry, IPOSSIBLE, and education. Jonathan opens minds and inspires exploration of innate

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