

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



### Energy Medicine and Optimal Health Archives Available

**July 30th 2012:Part II: Energy and Body Memory Recall**

To live radiantly, your body must be healthy with the energies flowing in balanced harmony. A vibrantly healthy body does not have old injuries, emotions, and fears stored as cellular memory in the body. A body can accumulate years, even a lifetime of stressful memories – a phenomenon known as body memory. Body memory, responsible for stress, tension, and restriction within the body's tissues, is the unconscious hold on the past, and invisible source of pain, fatigue, anxiety, depression, and repetitive life experiences. Body Memory Recall, BMR, is a form of hands-on healing and therapeutic d

[Read more](#)

[SHARE](#) [DOWNLOAD PDF](#) [GET CODE](#)

### Tune in

Archives Available on VoiceAmerica Health and Wellness Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

### Featured Guest



#### Jonathan Tripodi

Jonathan Tripodi, BS in Physical Therapy, BA in Movement & Sports Science, and ordained minister, is the founder of Body Memory REcall (BMR). For > 20 years, Jonathan has explored body memory and its relationship to chronic pain, stress, illness and behavior. BMR has supported thousands to release accumulated stress, fear/pain from past experiences, and actualize renewed states of health, vitality, inner peace and joy. BMR supports emergence from survival mode and surrender to self healing intelligence. Jonathan, author of Freedom from Body Memory, devotes his time and energy entirely to his healing ministry, IPOSSIBLE, and education. Jonathan opens minds and inspires exploration of innate

[Read more](#)

### Share This Episode

[Share On Facebook](#) [Share On Twitter](#) [Share On LinkedIn](#)

### Connect with VoiceAmerica

Download our mobile apps

[Available on the App Store](#) [Get it on Google play](#) [Download for kindle](#) [f](#) [t](#) [in](#) [RSS](#)

PressPass  
ALL ACCESS. ALL THE TIME.  
Come See what the VoiceAmerica hosts are writing on PRESSPASS