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Come Back To Your Senses Radio Archives Available August 02nd 2012: Accentuate The Positive

Sometimes we just get up on the wrong side of ourselves and throughout the day bounce from one undesirable thought, feeling, and body sensation to another. There is a place in the human mind where an energy pattern of weakness is formed. Like all energies, this energy within the mind has a certain degree of power. This power has an influence on the mind and the nervous system causing you to think and act in ways that are self-defeating which blocks your ability to achieve success. Being positive or negative are habits of thoughts that have a very strong influence on your life. Positive though

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