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THE MONEY ANSWERS SHOW
WITH JORDAN GOODMAN

The Money Answers Show
Monday at 12 Noon Pacific
August 27th 2012:How To Implement A Financial Plan to Improve your Wealth and Your Health

Dr. Frederick W. James is both a medical doctor and an expert in personal financial health. In this interview, he discusses the steps you should take to secure your financial future, including his 4-bucket Cash Management System and his system to set and achieve specific financial goals. He also discusses how to choose a financial mentor to make sure you follow through on your plan of action. Dr. James's latest book is Spend Don't Save: How to Improve Your Financial and Physical Health which can be found at http://www.spenddontsave.com.
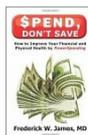
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Featured Guest

Frederick W James

Frederick W. James is both a seeker and teacher of balance. Keeping in mind the understanding, "There is always something to learn," James knows life, like finance, is a balancing act that needs constant attention. After years of preparation, James, a medical doctor by profession, created wealth to benefit his family and others. Now, this innovative system of responsible spending is available to all through his financial coaching program and book, Spend, Don't Save. James' visionary idea of spending is unique. He advocates for always spending, never saving, and claims individuals can make money when they purchase big items – even when buying a car. Best of all, anyone can apply these princip

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