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September 13th 2012: Jonathan DePaz

Returning guest, Jonathan DePaz has an abundance of energy, with interests covering many different fields. He has gained recognition and fame in the fitness industry as a celebrity trainer to the stars as well as one of the most sought-after aerobics instructors in group exercise.. After completing his university studies in Boston, MA, he embarked on a three-year world tour as "Aladdin" in Walt Disney's Aladdin on Ice. Together with his positive personality and high-energy spirit, Jonathan developed his own style of fitness training and opened DePaz ENERGIE Cardio Studio.

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