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presents...

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Express Yourself!
Sunday at 3 PM Pacific
October 16th 2012: Organic, Healthy Living

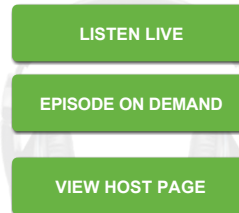
Hosts Youngjoo Ahn and Caie Kelley offer a living organically episode. The Gift of Giving Reporter from New Jersey, Katelyn Eystad shares ideas on how to help feed the hungry and our hosts audition a new reporter from Texas, Tanner O'Dell with his segment, Live to Eat-Happy, Healthy, and Hungry Reporting. Tanner will tell us why eating fresh and organic is better. Celebrity hairstylist, Kate Pierovich, shares how she became a success in Hollywood working with the stars of GLEE, Teen Wolf, MTV, and awards shows, then left the red carpet world to live clean and green in Oregon. It's a healthy,

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