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EMPOWERMENT

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# BEING HERE

with  
**Ariel** and  
**Shya Kane**



## Being Here

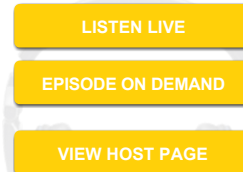
**Wednesday at 9 AM Pacific**  
**December 05th 2012: The Antidote to Stress**

Lets face it. Life can be stressful. But with awareness it doesn't have to be. Join Ariel and Shya and discover how to maintain your center, even in the midst of stressful circumstances. Callers welcome at Tel# 1-866-472-5795!



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