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HEALTH & WELLNESS



Transforming Health
Archives Available
October 17th 2012: End Fatigue, Pain and Stress

Why are so many people stuck in the rut of misery when it comes to experiencing endless fatigue, pain and stress? Could stress be the common denominator of most disease we experience and if so, what can we do about it? If it were possible to pop a magical pill that would provide our bodies with the necessary nutrients to overcome fatigue, pain and stress – would you take it? Of course you would and according to myriad research, these natural wonders may already exist.

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Featured Guest

Guest Image

Jason Watkin

Jason Watkin is a passionate speaker and health professional who is skilled at reaching his audiences by simplifying complex and sometimes confusing information and breaking through the clutter in the field of holistic nutrition. Jason presents powerful strategies to treat existing conditions and improve overall wellness on the principles of psychology, microbiology, biochemistry and natural, oriental and allopathic medicine.

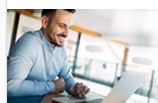
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