

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



Shining Bright Archives Available

October 19th 2012:How Can Children of Alcoholics Form Healthy Adult Relationships?

Tian Dayton, Ph.D., will talk about kids who grow up with alcoholic or addicted parents—who are often abused or neglected, and often carry their suffering into adulthood where they recreate their original pain. As both a psychologist and child of an alcoholic, she knows the helplessness these adult children face as well as what they must do to grieve, retrieve their buried pain, and achieve acceptance so they can heal. Tian will talk about her latest book *The Adult Children of Alcoholics (ACOA) Trauma Syndrome*, and how post traumatic stress syndrome (PTSD) is connected. She will share valuable

[Read more](#)



Tune in

Archives Available on VoiceAmerica
7th Wave Channel

EPISODE ON DEMAND

VIEW HOST PAGE

Featured Guest



Tian Dayton

Tian Dayton, Ph.D.'s latest book is *THE ACOA TRAUMA SYNDROME*. She has a master's in educational psychology, a Ph.D. in clinical psychology. She is the Director of The New York Psychodrama Training Institute where she runs training groups in psychodrama, and she was a member of the faculty at New York University for eight years and has been a guest on NBC, CNN and MSNBC. To learn more about her services and products go to www.tiandayton.com

[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps

