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Addiction in America Archives Available

**November 06th 2012: Interview with Dr. Ralph Carson Author
of The Brain Fix: What's the Matter with your Grey Matter**

In this episode we will talk about what happens to the brain during the course of addiction and recovery. We will address necessary carepoints for good addiction recovery when it comes to the issue of helping the brain regenerate.



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Featured Guest



Dr. Ralph E. Carson

Dr. Ralph E. Carson, has been involved in the clinical treatment of addictions, obesity, and eating disorders for more than thirty years using a neuropsychobiological approach. He is currently a consultant for Pine Grove Treatment Center in Hattisburg, MS and author of the book *The Brain Fix: What's the Matter with Your Grey Matter?* With a BS from Duke University and BHS from Duke University Medical School, coupled with a BS in nutrition from Oakwood College and a PhD in nutrition from Auburn University, he offers a unique understanding of health, wellness, exercise, and nutrition and how they all affect brain health. He currently consults with numerous addiction and eating disorder treatme

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