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## Create Your Best Life Ever! What Else is Possible?

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**November 09th 2012: Cultivating more Energy, Joy and Health: Ways to help you, our community and country to thrive!**

There are some unknown, startling statistics that when looked at through the eyes of wisdom from ancient cultures and the new sciences, can open your eyes to see just how much power you have. Why is it so hard for us here in the U.S. to be still, and not productive? What do your daily thoughts and choices have to do with your health? How good are you at not doing anything? Why are so many more people getting sick, diagnosed and on medications today? The most prescribed medications are ones that come from diagnoses that are viewed in the holistic health world as preventive. Did you know t

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