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November 19th 2012: Awaken Your Energy to Your Highest Self with Cristina Bornstein

Awakening each energy system in your energy body promotes connection with your highest self. This awakening empowers you to live at your full potential achieving success in performance and well-being. Especially now at the end of the Mayan calendar cycle, the universal energy is changing significantly. It's an age of accelerated energy as one cycle ends and a new one begins. This energy offers a tremendous opportunity to connect to the love and light uniquely your own. This time is a great time of transformation. Strategies for awakening each energy system will be discussed to allow the evolution

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Featured Guest



Cristina Bornstein

Cristina Bornstein is a Certified Eden Energy Medicine Practitioner, Reiki Master, Visualization Guide and author of Tony&Tina Color Energy, How Color Can Transform Your Life. Cristina has been on a holistic path since teenage and studied many modalities. Most recently, her primary focus has been Eden Energy Medicine-the modality integrating and harmonizing all others creating effective self care. Cristina offers Learning Annex workshops and private sessions (in person or Skype) specializing in stress relief, chakra clearings, and removing physical and energetic blockages so people can achieve their greatest potential. As founder of Tony&Tina Vibrational Remedies (a beauty and lifestyle comp

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