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November 29th 2012:Chronic Pelvic Pain

Chronic Pelvic Pain (CPP) is one of most common medical problems for women between the ages of 18 to 50. Research estimates 1 out of every 4 women suffer from pelvic floor dysfunction at some point in their lives and 1 out of every 5 men. Sixty-one percent of CPP remains incompletely or inaccurately diagnosed. Find out what causes it, how to treat it, prevent it, and about a special conference designed for those who suffer from it and their partners.

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Featured Guests



Dr. Echenberg

Dr. Echenberg did his medical training at Jefferson Medical College, and his residency training in Obstetrics and Gynecology at the University of Michigan Medical Center. He passionately created one of the first privately owned multi-disciplinary practices specializing in assessment, diagnosis and treatment of chronic pelvic pain (CPP). He used to believe that the causes of female pelvic pain were limited primarily to endometriosis, ovarian cysts, pelvic infections, adhesions, congestion, fibroids, etc. If those conditions were ruled out, then the patient would be sent off to the urologist, GI doctor, low back specialist, family doctor, chiropractor, orthopedic doctor, and others, and fina

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Amy Stein

Amy Stein is the founder and a practitioner of Beyond Basics Physical Therapy in NYC, specializing in pelvic floor dysfunction, pelvic pain, women's health, and manual therapy for men, women, and children while taking a holistic approach to each patient's entire well-being. Amy is also a contributor to the medical textbook, Female Sexual Pain Disorders: Evaluation and Management, and serves on the board of the International Pelvic Pain Society, since 2007. She is a well recognized expert in her field, lectures nationwide, and has been interviewed in media outlets ranging from the medical segments of popular TV news shows, like ABC's 20/20 to such newspapers as the New York Daily News to int

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