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### One Hour AT A Time Archives Available

**December 31st 2012: Living with Fetal Alcohol Spectrum Disorder: a Journey with Native American Flute Music - Special Encore Presentation!**

From diagnosis to doing something about the rising epidemic of FASD births every year. Who should be educated for our next generation? How school Health education is lacking. What we can really do about this education as a society as well as individual families. This has been a life time journey of one individual with FASD's and how much has been accomplished in 3 years. Using the arts and encouragement along with FASD education opens lines of communication with today's youth. Being openly honest and willing to answer any question that they may have is key for a curriculum in a science and Hea

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