

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a VoiceAmerica Member for Free!



btsya.org
ExpressYourselfTeenRadio.com

EXPRESS YOURSELF!™ TEEN RADIO

Tuesdays at noon PT on VoiceAmerica Kids



Express Yourself!
Tuesday at 12 Noon Pacific
January 01st 2013: Express Yourself!™ Teens Celebrate
New Year's Day 2013

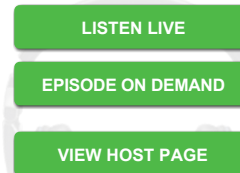
Happy 2013! Another year, another resolution. Hosts Youngjoo Ahn and Rachel Glass celebrate New Year's Day with fellow teen reporters who offer their individual takes on what goals to set for 2013. Although Floridian teen, Nicole Eubanks says she has never fully succeeded in achieving her New Year goals, she does have some very excellent health tips. University of Oregon co-ed Rachel Glass stresses the importance of living in the moment and making the most of each day, while Stanford student encourages, Jacqueline Tao encourages everyone to take more "me" time, reach out to family and friends.

[Read more](#)



Tune in

Tuesday at 12 Noon Pacific Time on
VoiceAmerica Kids Channel



Questions? Comments?
Call In Live!

Call-In Live!

Want to share your comments and
questions?

Call In Now: 1-877-778-8987

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Come See what the
VoiceAmerica
hosts are writing
on PRESSPASS