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Family First

World Ambassador for Family



with Randy Rolfe

Family First Archives Available January 04th 2013: Talking with Teens

Many parents feel anxious as their children approach the teenage years. Parents worry about peer pressure, losing their influence, being able to communicate effectively with their teens, wondering if they have prepared them well enough for life, asking themselves about whether they pushed too hard or not enough in academics, worrying about how much help they should give or will be allowed to give their teen as they approach young adulthood, fearing the worst when it comes to bad influences. My guest this week on Family First is Kyra Batte, a life coach to teens. She helps parents and their tee

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Featured Guest



Kyra Batte

Kyra Batte is a teen life coach in Los Angeles County. She has been a public speaker and educator for statewide and national programs toward improving the quality of life and mental health for children, teenagers, and young adults. Amongst her public speaking experiences, she recently hosted a show that garnered four million viewers worldwide, promoting self-confidence, removing critical thoughts, dealing with uncertainty and fear of failure, gaining resilience, and finding balance in life. Kyra has been able to speak to hundreds of parents and children and to educate more than one hundred school counselors, teachers, and superintendents. She has also been a published author of articles guid

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