

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!

## [The Kathryn Zox Show](#)

### The Kathryn Zox Show

#### Wednesday at 7 AM Pacific

January 09th 2013: "Be Healthy Now! for Women" and "Entering the Shift Age"

Kathryn interviews radio host, author, and acupuncturist Paul Rosen on his creation "Be Healthy Now! for Women", a pocket-sized guide to healthy living for women who are determined to take control of their own and their families' health. Rosen specializes in designing nutritional healing programs for chronic and degenerative illness. Kathryn also interviews futurist David Houle, author of "Entering the Shift Age". According to Houle we have left the information age and are entering the shift age: "a world where the speed of change is so fast that change itself is the new norm". Houle has mo

[Read more](#)



### Tune in

Wednesday at 7 AM Pacific Time on  
VoiceAmerica Variety Channel



Questions? Comments?  
Call In Live!

Toll Free: 1-866-472-5788  
Int: 001-480-398-1394

### Featured Guests

Guest Image

#### Paul J. Rosen

"Paul J. Rosen is the author of the popular The Great Health Heist and Be Healthy Now! Passport to Wellness. Paul continues his mission to educate and encourage women to better health in Be Healthy Now! for Women. Paul is a licensed acupuncturist in Portland, Oregon and Vancouver, Washington, where he is the Director of AcuNatural Family Healthcare. He can also be heard on his radio show, Health Matters with Paul Rosen. Paul has won numerous awards for outstanding contributions in alternative healing and he serves as an advocate for organic foods and farming."

[Read more](#)

Guest Image

#### David Houle

David Houle is a futurist, thinker and speaker. Houle is consistently ranked as one of the top futurists and futurist keynote speakers on the major search engines and in the world today. In the last three years he has delivered keynotes on six continents and twelve countries. He is often called "the CEOs' Futurist" having spoken to or advised 2,500+ CEOs and business owners in the past seven years. Houle is a successful author of five books. His first book, the influential and highly acclaimed "The Shift Age" was published in 2008. His fourth book, "Entering the Shift Age" was published by Sourcebooks in January 2013 and reached #1 best seller in the category of Business Planning and For

[Read more](#)

### Share This Episode



### Connect with VoiceAmerica

Download our mobile apps

[App store](#)

[Google play](#)



[presspass-banner](#)