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The Dr. Pat Show
Talk Radio to Thrive By!™
Award Winning Host **Dr. Pat Baccili**
Bringing together some of the planet's most preeminent and visionary change makers and leaders in the field of human potential
The Vibe of Thrive!™
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The Dr. Pat Show – Talk Radio to Thrive By! Archives Available

January 17th 2013: Dr. Joe Dispenza, International Bestselling author and Brain-Change Expert Gives you the Keys to Making Change Stick!

So you make your New Year's resolutions fired with enthusiasm to change your life - lose those pounds, exercise every day, stop smoking, eliminate sugar and eat better food...but before you know it, you're down that rabbit hole again. But are you locked into failure? Absolutely not! You are not doomed by your genes and hardwired to be a certain way for the rest of your life, says Dr. Joe Dispenza, known as one of the world's most prominent brain/change experts and author of the international bestselling books.
<http://www.drjoedispenza.com/>

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Featured Guest



Joe Dispenza, D.C.

Joe Dispenza, D.C., first caught the public's eye as one of the scientists featured in the award-winning film *What the BLEEP Do We Know!?* Since that movie's release in 2004, his work has expanded, deepened, and spiraled in several key directions—all of which reflect his passion for exploring how people can use the latest findings from the fields of neuroscience and quantum physics to not only heal illness but also to enjoy a more fulfilled and happy life. As a researcher, Dr. Joe explores the science behind spontaneous remissions and how people heal themselves of chronic conditions and even terminal diseases. He's more recently begun partnering with other scientists to perform extensiv

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