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January 18th 2013: **Are Relationships Disposable?**

Dr. Lisa Stewart interviews Dr. Trish Forante, as she discusses her book, Disposable Society. The book is about the pitfalls of ineffective communication. It examines the deterioration of a relationship: what went wrong and what didn't have to go wrong. The moral of the story is, "Learn from mistakes and understand the importance of genuine and authentic communication."

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