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### What Matters Archives Available January 23rd 2013:Raising Your Vibration

Want to really rev up your goals? Well, just crank up your vibration! That's right; we are talking about the energy of success and the energy of good health. Let's review the basics of energy vibrations and include a few practical approaches to maintaining a high vibration. We'll also talk about the obstacles that lower our vibration and how to launch ourselves right past those little distractions of our mind. We'll take you through the full spectrum of your senses to raise your vibration in any circumstance. Learn how to surround yourself in sunshine and send that sunshine to the peop

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