



**Family Caregivers Unite!  
Archives Available  
January 28th 2013: Voice for Family Caregivers  
in the Mental Health System**

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Kathy Walker, a registered social worker, was a mental health case manager for 15 years. She's a single parent and mother of a son with schizoaffective disorder. Dr. Lisa Doupe's medical practice includes forensic psychotherapy. She specializes in care for family caregivers and their family members whose high-risk behaviors involved them with the justice system. They discuss situations in which family caregivers caring for family members with serious mental illnesses experience challenges in getting their questions answered by physicians and in providing information to them. To overcome the ch

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**Featured Guests**



**Lisa Doupe**

Dr Lisa Doupe holds an MD and is a Fellow of the American College of Occupational and Environmental Medicine. She's a General Practice Psychotherapist. She's taken special training in primary care psychiatry, cognitive behavior therapy, interpersonal psychotherapy and in disability management and health policy.

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**Kathy Walker**

Kathy Walker has a Masters in Social Work, is a registered social worker, and worked as a mental health case manager for 15 years. She's taught social service students at the Community College level. She's currently a Director and Secretary of the board of a nonprofit agency newly formed to develop supportive housing for people with serious mental illnesses. It was begun by family caregivers who feel isolated within the current mental health system. Recently, she's trained as a group facilitator of the Strengthening Families Together Program for the Schizophrenia Society of Ontario. She'll be facilitating family psycho-educational groups in her community. She's a single parent and mother of

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