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EXPRESS YOURSELF!™ TEEN RADIO

Tuesdays at noon PT on VoiceAmerica Kids



Express Yourself!
Tuesday at 12 Noon Pacific
February 12th 2013: Teen Addictions and Self Harm

A common and disturbing issue that happens with teenagers concerns addictions and self-harm. According to the World Health Organization, 350 million people worldwide suffer from depression, which often leads to self-harm and addiction. According to the National Institute of Mental Health eighteen million of these cases are happening in the United States and are rising. Co-hosts Katelyn Darrow and Youngjoo Ahn along with reporters Rachel Glass and Caie Kelley tackle these tough subjects while discussing personal stories as well as those of celebrities. Caie talks about Justin Bieber and Demis L

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