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Waking Up in America
Wednesday at 2 PM Pacific
January 30th 2013: Youth is a choice

Who do you see in the mirror? Dr. Val and Randi Shannon - talk about youth and age as a conversation. What kind of things do you say you are - to yourself in the mirror? They discuss some practices which can help make you ageless. You too can be a happy Hunza. We thank our sponsors - Protandim, Sir Jason Winter's Tea, Randi Shannon's 42Action.org, Tad Patterson's www.YouHaveTheRight.com, Marketing with the Stars, El Pinto Salsa (available at Ralph's™), Emergency Management Solutions Global One (www.emsgo.org), DoctorValerie.com and www.ConingCompany.com for making our programs possible.

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